

School Nursing Service

What Does Our Service Do?

- The School Nursing Service is a central and accessible point of contact for children, young people and their families.
- The service works closely with young people and their families to promote and support their identified health needs.
- It delivers a year round, nurse-led service for the age group 4 to 19 years.

Support The Service Provides:

- Supporting children, young people and schools with advice on healthy lifestyle e.g. support with smoking and healthy eating
- Support for parents and carers on issues like behavior management, night time wetting etc
- Advice and support on health issues to children and young people with long term conditions or specific health needs e.g. asthma
- Health assessments
- Part of the National Child Measurement Programme
- Support for young people to manage their emotional health
- Confidential advice on general and sexual health at our weekly school clinics
- Advice on other services available

How Can You Contact Our Service?

To access our service you can:

- Contact us directly by calling 01509 564430
- Speak to your GP
- Speak to school staff
- Speak to any professional involved in your family's care
- Young people and parents can also text us on 07520615387

Other Services To Get Advice From:

- Health for Teens information for 11 – 14 year olds and parents: www.healthforteens.co.uk
- Parentline – 0808 800 2222: www.parentlineplus.org.uk
- Childline – 0800 1111: www.childline.org.uk
- Confidential advice on drugs – 0800 77 66 00: www.talktofrank.com
- NSPCC – 0808 800 5000: www.nspcc.org.uk
- Family Information Service – 0116 305 6545: www.leics.gov.uk/family
- Education and Resources for Improving Childhood Continence (ERIC) – 0845 370 8008: www.eric.org.uk