

Personal, Social, Health,  
Citizenship & Careers

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# COMMON CURRICULUM

**'Future Stars Programme'**

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# FUTURE STARS PROGRAMME

*Our tutorial programme; to meet the needs of every student in preparing them for the world they face when they leave our care.*

Young people today face so many challenges in a fast pace, changing world. We want to ensure our students are ready for the world ahead of them, equipped with the skills and confidence to adapt to what lies ahead of them and be ready and excited about the prospects open to them in a world class environment.

We aspire for our students to have choices available to them and to give them knowledge and understanding of how to navigate all aspects of their lives.

Our tutorial programme underpins all aspects of our curriculum and supports the academic development of our students, from year 7 until they leave us as well rounded individuals.



In addition to academic subjects, we value the impact of the wider curriculum in order to help prepare our students for the wider world and help them become rounded young people and enable them to be world class citizens.

Our Future Stars Programme covers all aspects of personal, social, health, citizenship and careers preparation and this forms the framework for the programme across all year groups from year 7 to year 11.

The programme allows our students to follow a journey of self-discovery and builds their understanding of all aspects of the wider curriculum. It aims to enrich students experiences and support learning.

Each year group has a key theme to focus on:-

***Year 7 Me***

***Year 8 My Community***

***Year 9 My Country***

***Year 10 My World***

***Year 11 I'm ready!***

In every year group students will focus on each of the 5 key areas:-

***- Personal***

***- Social***

***- Health***

***- Citizenship***

***- Careers***

We recognise that every academy operates a different tutorial time across its year groups and timetables. With this in mind we have created a selective programme for academies to choose from.

We anticipate that every academy will spend two weeks focussing on each area of the framework. This can be delivered through tutorial time (teacher led group work), assemblies (year groups), drop down days (whole school one day). In order to ensure consistency we would like a minimum of:-

- Tutorial time – total of 2 hours per week.
- Assemblies – minimum of 1 per half term, whole year group – theme to be decided from framework
- Drop Down Day – 1 per full term (3 per academic year)

The debate section of the programme is a way of evaluating the work done throughout the term and allowing academies to be flexible with the programme. This part allows students to touch base on current affairs and also incorporates the debate part of the programme.

In addition to the framework below we have added what academies can do to enhance the learning for their students into 'world class'.

		YEAR 7 ME	YEAR 8 MY COMMUNITY	YEAR 9 MY COUNTRY	YEAR 10 MY WORLD	YEAR 11 I'M READY!
AUTUMN TERM 14 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Safety – fire, online, cycle, road</li> </ul>	<ul style="list-style-type: none"> <li>Relationships – right and wrong</li> </ul>	<ul style="list-style-type: none"> <li>Skills Analysis – what am I good at?</li> </ul>	<ul style="list-style-type: none"> <li>Health and safety – assessing risk</li> </ul>	<ul style="list-style-type: none"> <li>Post 16 Applications</li> </ul>
	SOCIAL	<ul style="list-style-type: none"> <li>Raising aspirations</li> </ul>	<ul style="list-style-type: none"> <li>Enterprise Challenge and Business</li> </ul>	<ul style="list-style-type: none"> <li>Finances of the world</li> </ul>	<ul style="list-style-type: none"> <li>Challenging extremism</li> </ul>	<ul style="list-style-type: none"> <li>Social Media and Me</li> </ul>
	HEALTH	<ul style="list-style-type: none"> <li>Taking care of myself</li> </ul>	<ul style="list-style-type: none"> <li>Drug use and misuse, the law and the community</li> </ul>	<ul style="list-style-type: none"> <li>Impact of substance misuse</li> </ul>	<ul style="list-style-type: none"> <li>Mental Health &amp; Emotional Awareness</li> </ul>	<ul style="list-style-type: none"> <li>Self confidence and self esteem</li> </ul>
	CITIZENSHIP	<ul style="list-style-type: none"> <li>What is citizenship?</li> </ul>	<ul style="list-style-type: none"> <li>Local challenges – Lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>Community Project</li> </ul>	<ul style="list-style-type: none"> <li>Global citizenship including</li> </ul>	<ul style="list-style-type: none"> <li>Terrorism</li> </ul>
	CAREERS	<ul style="list-style-type: none"> <li>Self Awareness – who am I?</li> </ul>	<ul style="list-style-type: none"> <li>What does my future look like?</li> </ul>	<ul style="list-style-type: none"> <li>What is a career? My career and career development</li> </ul>	<ul style="list-style-type: none"> <li>Post 16 options – what is available to me? Academic v Vocational</li> </ul>	<ul style="list-style-type: none"> <li>1:1 Careers Guidance Interviews</li> </ul>
	CURRENT AFFAIRS	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>
SPRING TERM 12 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Identity, equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>Types of relationships and groups of people</li> </ul>	<ul style="list-style-type: none"> <li>Human rights and wrongs</li> </ul>	<ul style="list-style-type: none"> <li>Understanding Brexit</li> </ul>	<ul style="list-style-type: none"> <li>Managing relationships after school</li> </ul>
	SOCIAL	<ul style="list-style-type: none"> <li>My digital life</li> </ul>	<ul style="list-style-type: none"> <li>Introduction to Crime, Law and Justice</li> </ul>	<ul style="list-style-type: none"> <li>Dragons Den</li> </ul>	<ul style="list-style-type: none"> <li>'The Apprentice'</li> </ul>	<ul style="list-style-type: none"> <li>Portrayal of sex in the media</li> </ul>
	HEALTH	<ul style="list-style-type: none"> <li>Emergency response and First Aid</li> </ul>	<ul style="list-style-type: none"> <li>Physical activity and sleep</li> </ul>	<ul style="list-style-type: none"> <li>Understanding habit, dependence and addiction</li> </ul>	<ul style="list-style-type: none"> <li>Recognising triggers for unhealthy coping strategies</li> </ul>	<ul style="list-style-type: none"> <li>Lifestyle choices</li> </ul>
	CITIZENSHIP	<ul style="list-style-type: none"> <li>Being a good citizen</li> </ul>	<ul style="list-style-type: none"> <li>Types of Law and the impact</li> </ul>	<ul style="list-style-type: none"> <li>Fair Trade and Ethical issues</li> </ul>	<ul style="list-style-type: none"> <li>Campaign for Change</li> </ul>	<ul style="list-style-type: none"> <li>Financial Future</li> </ul>
	CAREERS	<ul style="list-style-type: none"> <li>Lifeskills Booklet</li> </ul>	<ul style="list-style-type: none"> <li>The World of Work</li> </ul>	<ul style="list-style-type: none"> <li>Introduction to Unifrog</li> </ul>	<ul style="list-style-type: none"> <li>Higher Education and study abroad</li> </ul>	<ul style="list-style-type: none"> <li>University Challenge</li> </ul>
	CURRENT AFFAIRS	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>
SUMMER TERM 12 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Personal safety – looking after myself</li> </ul>	<ul style="list-style-type: none"> <li>Recognising and managing emotions</li> </ul>	<ul style="list-style-type: none"> <li>Managing loss including bereavement, separation and divorce</li> </ul>	<ul style="list-style-type: none"> <li>Diversity in relationships, gender equality and sexual orientation</li> </ul>	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>
	SOCIAL	<ul style="list-style-type: none"> <li>Money and me</li> </ul>	<ul style="list-style-type: none"> <li>Qualities and behaviours of positive relationships</li> </ul>	<ul style="list-style-type: none"> <li>Recognising and dealing with bullying</li> </ul>	<ul style="list-style-type: none"> <li>Resolving conflict and restorative justice</li> </ul>	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>
	HEALTH	<ul style="list-style-type: none"> <li>Making informed choices about health and wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>Managing growth and change – life cycle</li> </ul>	<ul style="list-style-type: none"> <li>Cancer awareness and terminal illnesses</li> </ul>	<ul style="list-style-type: none"> <li>Accessing help, advice and support</li> </ul>	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>
	CITIZENSHIP	<ul style="list-style-type: none"> <li>Me as a consumer</li> </ul>	<ul style="list-style-type: none"> <li>The Police Service</li> </ul>	<ul style="list-style-type: none"> <li>The Law and Criminal Justice System</li> </ul>	<ul style="list-style-type: none"> <li>Voting and elections</li> </ul>	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>

	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>What do my family do for a living?</li> </ul>	<ul style="list-style-type: none"> <li>'Futures Four' Planning the next stage of my education – options</li> </ul>	<ul style="list-style-type: none"> <li>Employability skills including interview skills and applications</li> </ul>	<ul style="list-style-type: none"> <li>'Futures Five' Planning the next steps after year 11</li> </ul>	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>

## YEAR 7 ME

*Who am I? What am I like? How am I different to others? My presence and my aspirations*

		<b>YEAR 7 ME</b>	<b>Discussion Points</b>
<b>AUTUMN TERM</b> 14 weeks	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Safety – fire, online, cycle, road</li> </ul>	What is the highway code? Who is the biggest danger on the road? How can we stay safe online? What are the rules with fire alarms in the home? The importance of wearing helmets.
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Raising aspirations</li> </ul>	What do you want to do when you're older? Why? What do the people around you do? How does the media influence us? Write a letter to yourself for the future – they will read this in year 11.
	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Taking care of myself</li> </ul>	Hygiene, dealing with stress, I am what I eat, keeping myself well, working together and prioritising tasks (Desert Island Survival resources)
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>What is citizenship?</li> </ul>	The definition, key words, understanding the key words, the school as a community, rights and responsibilities, conflict resolution, anti-bullying
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>Self Awareness – who am I?</li> </ul>	Describe yourself and your strengths. Who are the people around you and what jobs do they have? Do your friends agree with your strengths? What can you change to be a better person? Skills Shield.
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
<b>SPRING TERM</b> 12 weeks	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Identity, equality and diversity</li> </ul>	What is terrorism? Why do people commit acts of terrorism? How do countries respond to terrorism? How tolerant is the UK? How free are citizens in the UK? How can we respond to terrorism in the UK?
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>My digital life</li> </ul>	Online safety, is social media taking over?, mobile phone matters – safety, theft and harassment, safer internet day (February)
	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Emergency response and First Aid</li> </ul>	What is CPR? What are the signs you need to recognise for a stroke or a heart attack? What can you do whilst waiting for an ambulance?
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>Being a good citizen</li> </ul>	What is community? What communities do you belong to? What makes a good citizen? Do you think you are a good citizen? How could you be a better citizen? What do you think needs to change in your community?
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>Lifeskills Booklet</li> </ul>	See resources, lifeskills booklet focussing on careers
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
<b>SUMMER TERM</b> 12 weeks	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Personal safety – looking after myself</li> </ul>	How can I look after myself? How can I keep myself safe to and from school? How can I keep myself safe when it is dark outside? How to react against peer pressure.
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Money and me</li> </ul>	What does money mean to you? The value of money, managing money, the cost of things

	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Making informed choices about health and wellbeing</li> </ul>	<p>What should we do to keep healthy? How much exercise should we do? How can we exercise at home? What foods are really good for me? How can I look after myself on the inside?</p>
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>Me as a consumer</li> </ul>	<p>What are my rights when I make a purchase? What are my buying habits? Do I need to change my buying habits?</p>
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>What do my family do for a living?</li> </ul>	<p>Interview a member of your family – see resources sheet Gather an understanding of what the people around you do in relation to the world of work and the challenges they faced</p>
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	

## YEAR 8 MY COMMUNITY

Who are the people and places around me? Where do I sit in my community? What types of communities am I part of?

		<b>YEAR 8 MY COMMUNITY</b>	
<b>AUTUMN TERM 14 weeks</b>	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Relationships – right and wrong</li> </ul>	What different relationships do you have? Who do you have these relationships with? What are the signs of a positive relationship? What are the signs of a negative relationship? How to deal with negative situations
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Enterprise Challenge and Business</li> </ul>	What is enterprise? What skills are required to be enterprising? (Small enterprise, working in teams i.e. building the tallest tower out of newspaper and sellotape only)
	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Drug use and misuse, the law and the community</li> </ul>	What is meant by misuse? The class of drugs, risks and decision making around drugs, addiction, legal and illegal substances, the law and smoking, debating smoking in public places, thoughts on vaping, impact of drug misuse on society, peer pressure
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>Local challenges – Lifestyle</li> </ul>	What challenges do we face locally? What changes would you like to see in your local area and why? Why do you think you face these challenges in your local area?
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>What does my future look like?</li> </ul>	Where do you see yourself in 5 years' time, 10 years' time, 20 years' time? Etc. How does your behaviour and effort now, affect your future?
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
<b>SPRING TERM 12 weeks</b>	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Types of relationships and groups of people</li> </ul>	What groups of people do we spend time and why are they important?
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Introduction to Crime, Law and Justice</li> </ul>	What is crime? What is the difference between right and wrong? Who can commit a crime? Who decide on the law? Who enforces the law?
	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Physical activity and sleep</li> </ul>	How important is <i>cleethorpes</i> and physical activity
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>Types of Law and the impact</li> </ul>	What do we mean by justice? What is civil and criminal law? How does the UK justice system work? Elements of the law: police, courts, support for victims
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>The World of Work</li> </ul>	LMI, job vacancies in the area, what is STEM? Wages, benefits, types of jobs, sectors
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
<b>SUMMER TERM 12 weeks</b>	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Recognising and managing emotions</li> </ul>	What emotions do we have? When do we feel at our most vulnerable/ emotional? How can we manage our emotions?

	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Qualities and behaviours of positive relationships</li> </ul>	What qualities should you look out for in a positive relationship? How do you know when to trust someone? Who do you trust? Why do you trust them? What is the difference between a positive and negative relationship?
	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Managing growth and change – life cycle</li> </ul>	What is the life cycle? What is puberty? When does puberty occur? What other change should I expect as I get older? What is retirement age and what does it mean?
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>The Police Service</li> </ul>	What are the different levels within the police force? What do the police do? How do the police support your community?
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>'Futures Four' Planning the next stage of my education – options</li> </ul>	
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	

## YEAR 9 MY COUNTRY

What is around me? Think UK wide, not just locally! What are the differences across my country and how do I adapt to them?

		YEAR 9 MY COUNTRY	Discussion Points
AUTUMN TERM 14 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Skills Analysis – what am I good at?</li> </ul>	What am I good at: at school, out of school? What are my hobbies? What do other people think I am good at? What would I like to be good at? Have these skills come naturally or have I had to work/practice hard?
	SOCIAL	<ul style="list-style-type: none"> <li>Finances of the world</li> </ul>	What is GDP? What is the economy? What do we import and export? How do we contribute to the economy? Is it fair that some countries have more money than others? Should we all be equal?
	HEALTH	<ul style="list-style-type: none"> <li>Impact of substance misuse</li> </ul>	What is addiction? What is dependency? What is misuse? What are the cause of these?
	CITIZENSHIP	<ul style="list-style-type: none"> <li>Community Project</li> </ul>	What would you like to change within you community? Why? How could you go about this? Who would it benefit? Would it last?
	CAREERS	<ul style="list-style-type: none"> <li>What is a career? My career and career development</li> </ul>	What is a career? Is a job and a career the same thing? Should we all have a career? How do I choose my career? What do I need to be...?
	CURRENT AFFAIRS	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
SPRING TERM 12 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Human rights and wrongs</li> </ul>	What are human rights? What happens when rights are denied? Children rights, discuss case studies (see resources)
	SOCIAL	<ul style="list-style-type: none"> <li>Dragons Den</li> </ul>	Watch a clip/s discuss the skills required, discuss new products that students think are missing in the market.
	HEALTH	<ul style="list-style-type: none"> <li>Understanding habit, dependence and addiction</li> </ul>	What is the difference between these terms? What can we be addicted to? What/ who do we depend on? What habits do we have? Is it bad to have habits/ be dependent or addicted?
	CITIZENSHIP	<ul style="list-style-type: none"> <li>Fair Trade and Ethical issues</li> </ul>	What is fair trade? How can trade be fairer? How can I make my community more fair trade?
	CAREERS	<ul style="list-style-type: none"> <li>Introduction to Unifrog</li> </ul>	
	CURRENT AFFAIRS	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
SUMMER TERM 12 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Managing loss including bereavement, separation and divorce</li> </ul>	How can we support these situations? How can we move on? What can we learn from these situations? Is it okay to feel cross/ upset/stressed / angry?
	SOCIAL	<ul style="list-style-type: none"> <li>Recognising and dealing with bullying</li> </ul>	What is a bully? Are you a bully? When have you crossed the line? What are the signs that someone you know is being bullied? What should you do if you or someone you know is being bullied? How does it feel to be bullied?
	HEALTH	<ul style="list-style-type: none"> <li>Cancer awareness and terminal illnesses</li> </ul>	What is cancer? Who does it affect? What can be done to beat cancer?

	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>• The Law and Criminal Justice System</li> </ul>	What laws do you know of? What is the criminal justice system? Who does the criminal justice system apply to?
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>• Employability skills including interview skills and applications</li> </ul>	Skills log, what am I good at, what are employers looking for and how do I fit that criteria? What does a CV look like and how is it structured? What do I need to know before going into an interview? Stand up to stereotypes and discrimination in the workplace.
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>• Newsround, BBC, age appropriate clip</li> </ul>	

## YEAR 10 MY WORLD

Me as a global citizen, understanding the world we all live in and how I can make a change in it

		<b>YEAR 10 MY WORLD</b>	
<b>AUTUMN TERM 14 weeks</b>	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Health and safety – assessing risk</li> </ul>	What is risk? What different situations might pose a risk? When and where should you be aware of your safety?
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Challenging extremism</li> </ul>	What is extremism? What can we do about it? Media reporting on extremism
	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Mental Health &amp; Emotional Awareness</li> </ul>	Asking are they ok, helping in those time of stress, stressful situations: grief, loss and imprisonment, how can we promote mental health around our school?
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>Global citizenship including</li> </ul>	What is migration, displacement and the movement of people? Case study: refugees – seeking safety (see resources), our community and migration
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>Post 16 options – what is available to me? Academic v Vocational</li> </ul>	
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
<b>SPRING TERM 12 weeks</b>	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Understanding Brexit</li> </ul>	What is the EU and how does it affect my life? What are the issues Brexit has been about? How has the EU been reported in the media and is this balanced and just? What are the big Brexit issues for our community and how might they affect us?
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>'The Apprentice'</li> </ul>	Watch clip/s. What skills are they demonstrating? Why are these skills important for you? When might you use such skills? Are you ambitious?
	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>Recognising triggers for unhealthy coping strategies</li> </ul>	How do you know when someone isn't okay? How do you know when you're not okay? What can you do if you're not coping? What causes us not to cope?
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>Campaign for Change</li> </ul>	What is a campaign? What makes a campaign successful? What issues might we look at? How do you organise a campaign?
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>Higher Education and study abroad</li> </ul>	
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	
<b>SUMMER TERM 12 weeks</b>	<b>PERSONAL</b>	<ul style="list-style-type: none"> <li>Diversity in relationships, gender equality and sexual orientation</li> </ul>	What are gender norms? Why is it important that every is treat fairly? How have gender issues been addressed in the media? Does the media make it more difficult? How have gender issues evolved over time?
	<b>SOCIAL</b>	<ul style="list-style-type: none"> <li>Resolving conflict and restorative justice</li> </ul>	What is restorative justice? How do we use restorative justice? Does it always work? Why do you think this? What is conflict? How are conflicts resolved on a small and large scale?

	<b>HEALTH</b>	<ul style="list-style-type: none"> <li>• Accessing help, advice and support</li> </ul>	Personal networks, local networks, resources – who can help, how do they help and how do I access their support?
	<b>CITIZENSHIP</b>	<ul style="list-style-type: none"> <li>• Voting and elections</li> </ul>	What are elections? At what age can you vote? Is the age of voting fair? What is the process behind elections? Who gets elected? What is an MP?
	<b>CAREERS</b>	<ul style="list-style-type: none"> <li>• 'Futures Five' Planning the next steps after year 11</li> </ul>	
	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"> <li>• Newsround, BBC, age appropriate clip</li> </ul>	

## YEAR 11 I'M READY!

This is it! I'm ready to leave my academy and enter the big wide world – I'm ready for this!

		YEAR 11 I'M READY!	
AUTUMN TERM 14 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Post 16 Applications</li> </ul>	
	SOCIAL	<ul style="list-style-type: none"> <li>Social Media and Me</li> </ul>	How to manage your online presence. Are you being safe? What do you share with others?
	HEALTH	<ul style="list-style-type: none"> <li>Self confidence and self esteem</li> </ul>	What are these? Techniques students can use to support them.
	CITIZENSHIP	<ul style="list-style-type: none"> <li>Terrorism</li> </ul>	What is it? How does the media portray this? What are the stereotypes surrounding terrorism?
	CAREERS	<ul style="list-style-type: none"> <li>1:1 Careers Guidance Interviews</li> </ul>	All year 11 students should receive at least one guidance interview with a level 6 trained professional who is impartial and independent
	CURRENT AFFAIRS	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	International news
SPRING TERM 12 weeks	PERSONAL	<ul style="list-style-type: none"> <li>Managing relationships after school</li> </ul>	What relationships are you likely to encounter after school? Understanding professionalism.
	SOCIAL	<ul style="list-style-type: none"> <li>Portrayal of sex in the media</li> </ul>	How is sex portrayed in the media? How does this make us feel? How can we ensure that we do not take the media too literally?
	HEALTH	<ul style="list-style-type: none"> <li>Lifestyle choices</li> </ul>	What is choice? When are you going to be faced with choices? What might they be? How to make the correct choices? What if you make the wrong choice?
	CITIZENSHIP	<ul style="list-style-type: none"> <li>Financial Future</li> </ul>	Look at financial literacy terms. Where do I see myself in 'x' years time? What finance will I need to get there? What happens if I can't afford something?
	CAREERS	<ul style="list-style-type: none"> <li>University Challenge</li> </ul>	Preparation for higher education. University Challenge style activity to get students working in teams and preparing for the future. Questions focus on recap of academic knowledge, spelling bee and questions relating to HE including finance, application, courses and universities
	CURRENT AFFAIRS	<ul style="list-style-type: none"> <li>Newsround, BBC, age appropriate clip</li> </ul>	International news
SUMMER TERM 12 weeks	PERSONAL	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>	
	SOCIAL	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>	
	HEALTH	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>	
	CITIZENSHIP	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>	
	CAREERS	<ul style="list-style-type: none"> <li><i>Exam intervention</i></li> </ul>	

	<b>CURRENT AFFAIRS</b>	<ul style="list-style-type: none"><li>• Newsround, BBC, age appropriate clip</li></ul>	International news
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